

EPGMS Cross Country - August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	2 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	3 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	4 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	5 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	6 Evergreen Lake 5K (optional) 8:00am <i>Team Warm-up</i> 7:20am
7 No practice	8 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	9 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	10 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	11 <i>* XC Home Course *</i> Practice 5:30pm - 7:30pm Furrow Farm <i>No shuttle</i>	12 Practice <i>* Parent Meeting @ 5:30pm *</i> 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	13 <i>* Triathlon WO *</i> Practice 9:00am - 10:45am Westview Park <i>No shuttle</i>
14 No practice	15 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	16 MEET #1 4:15pm @ Donovan Park Bus G 2:15pm Bus EP 2:30pm	17 Practice <i>* Pictures @ 5:30pm *</i> 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	18 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	19 Practice 5:30pm - 7:30pm South Pointe Park <i>No shuttle</i>	20 <i>* XC Home Course *</i> Practice 9:00am - 11:00am Furrow Farm <i>No shuttle</i>
21 No practice	22 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	23 MEET #2 4:00pm @ Eureka Upper Lake Bus G 2:15pm Bus EP 2:30pm	24 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	25 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	26 Practice 5:30pm - 7:30pm Westview Park <i>No shuttle</i>	27 MEET #3 9:00am @ Three Sisters Park Bus G 6:45am Bus EP 7:00am
28 No practice	29 Practice 3:30pm - 5:30pm South Pointe Park <i>No shuttle</i>	30 <i>* XC Home Course *</i> Practice 3:30pm - 5:30pm Furrow Farm <i>No shuttle</i>	31 Practice 3:30pm - 5:30pm South Pointe Park <i>No shuttle</i>			

EPGMS Cross Country - September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 MEET #4 4:15pm @ Black Partridge Park <i>Bus G 2:20pm</i> <i>Bus EP 2:35pm</i>	2 Practice 3:30pm - 5:30pm South Pointe Park No shuttle	3 Practice 9:00am - 10:45am South Pointe Park No shuttle
4 No practice	5 LABOR DAY No practice	6 FIRST DAY OF SCHOOL MEET #5 4:00pm EPGMS Invitational @ Furrow Farm <i>Bus G 2:35pm</i>	7 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	8 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	9 NO SCHOOL Practice 3:30pm - 5:00pm South Pointe Park No shuttle	10 MEET #6 9:30am @ Maxwell Park <i>Bus G 7:10am</i> <i>Bus EP 7:25am</i>
11 No practice	12 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	13 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	14 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	15 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	16 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	17 * Sectional Course * Practice St. Joseph, IL <i>Bus G 8:00am</i> <i>Bus EP 8:15am</i>
18 No practice	19 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	20 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	21 MEET #7 4:00pm @ Ewing Park <i>Bus G 2:10pm</i>	22 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	23 MEET #8 4:00pm @ Detweiller Park <i>Bus G 1:40pm</i>	24 * XC Home Course * Practice 9:00am - 10:15am Furrow Farm No shuttle
25 No practice	26 MEET #9 4:30pm EPGMS Quadrangular @ Furrow Farm <i>Bus G 2:35pm</i>	27 * XC Home Course * Practice / Volunteer 3:30pm-6:00pm HS Invitational @ Furrow Farm <i>Bus G 2:50pm</i>	28 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	29 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	30 2:30 DISMISSAL Practice 2:30pm - 4:00pm HS Post on Trail Gridley Students-Bus Pass	

EPGMS Cross Country - October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 MEET #10 9:00am @ Delavan Schools Bus G 6:30am Bus EP 6:45am
2 No practice	3 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	4 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	5 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	6 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	7 Practice 3:30pm - 5:00pm Westview Park <i>GGs Shuttle 5:45pm</i>	8 SECTIONAL MEET 12:30pm @ St. Joseph Sports Complex Bus G 9:25am Bus EP 9:40am
9 No practice	10 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	11 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	12 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	13 Practice 3:30pm - 5:30pm Westview Park <i>GGs Shuttle 5:45pm</i>	14 Practice 3:30pm - 5:00pm Westview Park <i>GGs Shuttle 5:45pm</i>	15 STATE FINALS TBD
16	17	18	19	20	21	22
23	24	25	26	27	28	29