

EPGJH Cross Country - August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 No practice	2 No practice	3 No practice
4 No practice	5 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	6 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	7 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	8 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	9 Practice 4:00pm - 6:00pm South Pointe Park GGG Shuttle 3:45pm	10 Brimfield 5K (optional) 8:00am SPP Carpool 6:00am Return 11:00am
11 No practice	12 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	13 Practice 4:00pm - 6:00pm Furrow Farm * Home Course * GGG Shuttle 3:45pm	14 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	15 Practice 6:00pm - 8:00pm South Pointe Park GGG Shuttle 5:45pm	16 Practice 4:00pm - 6:00pm South Pointe Park GGG Shuttle 3:45pm	17 Practice 9:30am - 11:15am Westview Park * Triathlon WO * no shuttle
18 No practice	19 FIRST DAY OF SCHOOL 2:30 DISMISSAL Practice 2:30 - 5:00 Westview Park Yearbook Pictures @ Park GGG Shuttle 5:45pm	20 MEET #1 4:30pm @ Dee-Mack Bus G 2:30pm	21 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	22 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	23 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	24 MEET #2 9:00am @ Clinton Invite Bus G 6:50am / 7:00am EP
25 No practice	26 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	27 MEET #3 4:00pm @ Eureka Bus G 2:15pm	28 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	29 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	30 Practice 3:30pm - 5:30pm Westview Park GGG Shuttle 5:45pm	31 Practice 9:00am - 11:00am South Pointe Park no shuttle

EPGJH Cross Country - September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 No practice	2 NO SCHOOL No practice	3 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	4 Practice 3:45pm - 5:45pm Furrow Farm Bus Pass Grid Stu. Link Shuttle 6:00pm	5 MEET #4 4:15pm @ Metamora Bus G 2:25pm	6 NO SCHOOL Practice 9:00am - 11:00am South Pointe Park no shuttle	7 Practice 9:00am - 11:00am Furrow Farm * Home Course * no shuttle
8 No practice	9 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	10 MEET #5 4:00pm @ EPGJH Bus G 2:35pm	11 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	12 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	13 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	14 MEET #6 9:30am @ Parkside Invite Bus G 7:10am / 7:20am EP
15 No practice	16 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	17 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	18 MEET #7 4:00pm @ Corpus Christi Invite Bus G 2:10pm	19 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	20 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	21 Practice 9:00am - 11:00am Furrow Farm * Home Course * no shuttle
22 No practice	23 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	24 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	25 Practice 3:45pm - 5:45pm Trail by EPGHS Bus Pass Grid Stu. Link Shuttle 6:00pm	26 Practice 3:30pm - 5:30pm Westview Park GGs Shuttle 5:45pm	27 MEET #8 4:00pm @ Dunlap Invite Bus G 1:40pm	28 Practice 9:00am - 10:30am South Pointe Park no shuttle
29 No practice	30 MEET #9 4:30pm @ Furrow Farm Bus G 2:45pm					

EPGJH Cross Country - October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Practice / Volunteer 3:45pm - 6:00pm Furrow Farm no shuttle * Help with HS Meet *	2 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	3 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	4 2:30 DISMISSAL Practice 2:30pm - 4:00pm Westview Park no shuttle	5 MEET #10 4:00pm @ Delavan Invite Bus G 6:30am / 6:40am EP
6 No practice	7 Practice 3:30pm - 6:30pm SECTIONAL COURSE	8 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	9 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	10 Practice 3:30pm - 5:00pm Westview Park GGS Shuttle 5:45pm	11 Practice 3:30pm - 4:45pm Westview Park GGS Shuttle 5:45pm	12 SECTIONAL MEET 10:00am @ Great Oaks Community Church Bus G 7:30am / 7:40am EP
13 No practice	14 NO SCHOOL Practice 10:00am - 11:30am STATE COURSE HS Link 9:30 drop off; 12:15 pick up	15 2:30 DISMISSAL Practice 2:30pm - 4:15pm Westview Park GGS Shuttle TBD	16 Practice 3:30pm - 5:30pm Westview Park GGS Shuttle 5:45pm	17 2:30 DISMISSAL Practice 2:30pm - 4:00pm Westview Park GGS Shuttle TBD	18 NO SCHOOL Practice 9:30am - 10:30am South Pointe Park no shuttle	19 STATE MEET 11:45am @ Maxwell Park Bus G 8:35am / 8:45am EP